



# FRUIT

## PROCESSING

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Filling & Packaging  
Market Price Report  
Nutrition  
Product Development  
Science & Research  
Trends

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## Trends and developments in the food industry in 2022



**TRENDS**

**Trends and developments in the food industry in 2022 . . . . . 42**



Getting the new year off to a healthy start is a resolution that many people have set themselves once again in 2022 – and a healthy diet is an essential part of that. Most consumers expect more from food and beverages than just naturalness and a good taste: they want the right diet to have a positive effect on their long-term health and general well-being. Products that support certain vital functions or aspects of health, such as the immune system, gut health or energy levels, are in especially high demand. As a result of the pandemic, the food and beverage industry is seeing particular

demand for innovations that support general well-being and boost mental health – after all, this is being put under particular strain in the current situation ...

**NUTRITION**

**Evolution of bioactives shaping sports nutrition . . . . . 46**

Sports nutrition is evolving at incredible speed, according to global solutions provider Glanbia Nutritionals, and the category is now worth €19.3 billion globally. Growing at a CAGR rate of 8.7 % out to 2025, the sports, active and healthy nutrition market is increasingly catering to a mass consumer audience seeking holistic solutions that support fitness & performance goals. It is no longer a product segment restricted to athletes and body builders. This market growth indicates a new emerging megatrend, according to ...

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**FILLING & PACKAGING**

**Keeping it in the family**

**First canning line at Coca-Cola HBC in Austria: KHS modern filling equipment proves convincing. . . . . 48**

One of six Coca-Cola HBC sites to have received a new canning line from KHS in 2020 is Edelstal in Austria. The system was delivered, installed and commissioned in a remarkably short time – and under quite extraordinary conditions. Patrick Redl was virtually predestined for a career at Coca-Cola HBC in Edelstal in Austria from birth; four years ago he took over the role from his predecessor, following in the footsteps of his father who worked for Römerquelle for 37 years, in his last role as plant manager. Römerquelle is a mineral water plant that in 2003 was taken over by the world’s third-largest bottler of the Coca-Cola brand ...



**PRODUCT DEVELOPMENT**

**Mixing oil and water boosts functional food & beverage development . . . . . 52**

Product developers can now create new categories of functional foods and beverages thanks to Prodalim Resources, Ltd.’s new Capsoil Foodtech. The company advanced the capacity for mixing oil and water by developing ultra-fine, water-soluble powders out of natural oils. This breakthrough presents new possibilities for integrating beneficial nutritional oils, fat-soluble vitamins, and lipid-based nutrients into a broadened range of functional foods and beverages, as well as in new supplement formats ...

**SCIENCE & RESEARCH**

**New study:**

**dramatically low fruit and vegetable intake persists in US adults . . . . . 54**

A new study published by the Centers for Disease Control and Prevention (CDC) found that on average only 12 percent of U.S. adults meet fruit intake and only 10 percent meet vegetable intake recommendations as outlined in the 2020-2025 Dietary Guidelines for Americans (DGA). Low intakes may put Americans at increased risk for chronic diseases such as cardiovascular disease and diabetes ...

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